

Forest Lake Youth Football Association 2020 Illness & COVID 19 Response plan

Screening:

- A. Parents will follow the Minnesota Department of Health check health screening checklist or temperature will be taken before arriving to practice. If you answer yes to any Minnesota Department of Health check health screening question or have a fever you will not attend practice. Coaches will track attendance and keep in pods.

Liability Waiver:

ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY AGREEMENT RELATING TO Illness or COVID-19 EXPOSURE, illness or COVID-19 LIABILITY, AND illness or COVID-19 RISKS

In CONSIDERATION for myself and/or my children listed below being permitted to utilize the facilities and/or participate in the summer camps, clinics or programs of the Forest Lake Youth Football Association. The undersigned acknowledges that they have reviewed the Forest Lake Youth Football Association Illness or COVID-19 Preparation Plan.

The undersigned acknowledges and agrees that the Forest Lake Youth Football Association has taken certain steps to implement certain recommended guidance and recommendations issued by public health agencies for slowing the transmission of illness or COVID-19, including those listed above. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and acknowledges that use thereof by the undersigned and/or such participating children may, despite the Association's reasonable efforts to mitigate such dangers, result in exposure to illness or COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

THEREFORE, THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR, AND RISK OF ILLNESS or COVID - 19, BODILY INJURY, OR DEATH AND WILL HOLD HARMLESS AND RELEASE AND WAIVE ANY CLAIMS AGAINST Forest Lake Football Association or any of their respective employees, volunteers and agents, from any loss, liability, damages or costs they may incur, whether caused by negligence, active or passive, or otherwise while the undersigned or any participating child is participating in any program offered during the 2020 football season by the Forest Lake Football Association.

I HAVE CAREFULLY READ AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES IN CASE OF ILLNESS, INJURY, DEATH FROM EXPOSURE TO ILLNESS OR COVID-19 AT ANY FOREST LAKE YOUTH FOOTBALL EVENT OR DURING PARTICIPATION IN ANY PROGRAM. I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS.

Minor Children Participants_____

Parent/Guardian Name _____

Parent or Guardian Signature _____ Date _____

Phase 1 – No Contact

- Pods following the Minnesota Department of Health guidelines.
- Passing League
- No helmet
- Instructors and participants are encouraged but not required to wear face coverings - Instructor and participants must supply their own face coverings.
- Players will wash hands before arriving to practice. Players will bring their own hand sanitizer and wash at the end of practice.
- Players will space water bottles and equipment apart following Minnesota Department of Health guidelines.
- All association equipment must be cleaned and sanitized at the beginning and end of practice and if equipment is changing pods. Forest Lake Youth Football Association will provide sanitizer for equipment.
- PODS will be established at the beginning of the phase and remain the same POD until we move to the next phase.
- All coaches will be trained on COVID Response plan

Phase 2 - Some Contact

- Pods that follow the CDC MDH guidelines
- 7-7 touch passing league
- Touch football
- No helmet
- Instructors and participants are encouraged but not required to wear face coverings - Instructor and participants must supply their own face coverings.
- Players will wash hands before arriving to practice. Players will bring their own hand sanitizer and wash at the end of practice.
- Players will space water bottles and equipment apart following Minnesota Department of Health guidelines.
- All association equipment must be cleaned and sanitized at the beginning and end of practice and if equipment is changing pods. Forest Lake Youth Football Association will provide sanitizer for equipment.

- PODS will be established at the beginning of the phase and remain the same POD until we move to the next phase.

Phase 3 – Tackle

- Pods that follow the CDC MDH guidelines
- Tackle football
- Instructors and participants are encouraged but not required to wear face coverings - Instructor and participants must supply their own face coverings.
- Players will wash hands before arriving to practice. Players will bring their own hand sanitizer and wash at the end of practice.
- Players will space water bottles and equipment apart following Minnesota Department of Health guidelines.
- Players will provide their own personal protective equipment.
- All association equipment must be cleaned and sanitized at the beginning and end of practice and if equipment is changing pods.
- Players will keep all personal equipment on until they leave practice.
- PODS will be established at the beginning of the phase and remain the same POD until we move to the next phase.

Phase 4 – Back to Normal

- No restriction per Minnesota Department of Health Guidelines

Drop Off / Pick up Procedure

- All parents will wait by their vehicles. We need to maintain our pods
- If a parent needs to speak to a coach this will be done via phone, zoom, social distance standards set by the Minnesota Department of Health.

COVID

- In the event that a player test positive for illness or COVID 19 that player will not be allowed back with the team until symptoms are resolved following the CEC and MDH quarantine guidelines.